

JONES VALLEY TEACHING FARM

FRESH BERRY FRUIT SALAD

MAKES: about 4 cups

INGREDIENTS:

- ⇒ 1 pint strawberries, quartered
- ⇒ 1 pint blueberries
- ⇒ 2 kiwis, diced (and peeled, depending on your preference)
- ⇒ 1 orange, juiced
- ⇒ 1 Tbsp. honey



INSTRUCTIONS:

1. Start by dicing the strawberries and kiwis. Add strawberries, kiwi, and blueberries to a bowl. Stir to combine.
2. Drizzle orange juice and honey over fruit. Stir fruit gently to coat with the orange/honey dressing.
3. Can be served immediately or stored in the refrigerator (covered) for a few hours before serving.

This recipe is flexible! You can add or omit fruit depending on your personal preference.

